

Sex & Pornography

Fact v Fiction

This lesson attempts to develop greater awareness of what is fact v fiction when it comes to pornography.

It also raises the awareness of the issues created by porn and the outcomes and consequences that porn is having on individuals and society.

If you remember one thing, Porn films and Porn Actors are fiction in the same way a Marvel superhero movie is fiction- just with less CGI. Porn does not represent real sex.

The Sex Quiz

1. The Children's Commissioner of the UK (UK Government's senior official in charge of children) reported on a survey in 2023 with 1,000 teenagers aged 14-19. What % of those 1,000 do you think had seen porn on the internet by the age of 13?

- a) 31%
- b) 51%
- c) 71%
- d) 91%

2. Another survey run by Hertfordshire council in 2023, was done with 4,000 14-19 year olds. What was the average age that most teenagers in that survey had seen their first online porn?

- a) 10 years old
- b) 12 years old
- c) 14 years old
- d) 16 years old

The Sex Quiz

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c) 71%

d) 91%

This is the reason why we are doing this topic in Year 9, because if 51% of you have seen porn by 13- most of you are probably talking about it.

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c) 14 years old

d) 16 years old

The Sex Quiz

3. In the Hertfordshire survey 2023, what % of teens aged 14-19 regularly watched porn (weekly)?

- a) 11%
- b) 22%
- c) 44%
- d) 55%

4. Both surveys of 2023 reported that the growing numbers of teenagers watching porn had also seen an increase in which behaviours in schools?

- a) Sexually abusive language
- b) Sexual harassment between students
- c) Sex related violence
- d) Acting out things seen in porn in their relationships

The Sex Quiz

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This is the reason why we are doing this topic in Year 9, because there has been a noticeable increase in sexually inappropriate issues across the country and in our community.

4. Both surveys of 2023 reported that the growing numbers of teenagers watching porn had also seen an increase in which behaviours in schools? **ALL 4 answers**

- a) Sexually abusive language**
- b) Sexual harassment between students**
- c) Sex related violence**
- d) Acting out things seen in porn in their relationships**

The Sex Quiz

5. In the porn industry, the average length of a penis is:

- a) 5 inches
- b) 6 inches
- c) 9 inches
- d) 12 inches

6. In the real world the average length of a penis is:

- a) 5.5 inches
- b) 6.5 inches
- c) 9.5 inches
- d) 12.5 inches

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In Year 8, you looked at a lesson about body image.

It is important to realise that male porn actors are specially chosen for their size and that they do not represent the average male.

The Sex Quiz

7. In the porn industry, most women are shaven in the pubic areas

- a) TRUE
- b) FALSE

8. In the real world, what % of women according to a women's survey in 2022 are shaven in the pubic area?

- a) 22%
- b) 44%
- c) 66%
- d) 88%

The Sex Quiz

7. In the porn industry, most women are shaven in the pubic areas

- a) **TRUE**
- b) FALSE

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In Year 8, you looked at a lesson about body image.

Porn creates a body stereotype that some women feel they have to conform to. It is important to realise that this is a choice, not a forced ideal. Female pornstars have even had plastic surgery on their labia to make them look more "perfect". It is important to realise that these are not expectations that women should feel that they have to live up to.

The Sex Quiz

9. In the porn industry, what is the length of a sex scene

- a) 7 minutes
- b) 17 minutes
- c) 27 minutes
- d) 47 minutes

8. In the real world, the average time of sex ranges from:

- a) 3-7 minutes
- b) 7-13 minutes
- c) 13-18 minutes
- d) 18-30 minutes

The Sex Quiz

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Pornography is part of the film industry.

It means that scenes can be edited, paused, re-shot and manufactured to do whatever the director wants it to be.

Real life does not stop and pause to get the lighting right!

The Sex Quiz

11. In a Government survey in 2018, looking at porn web sites, what % of online was deemed aggressive and violent against women?

- a) 28%
- b) 48%
- c) 78%
- d) 98%

12. The number of sexual violent cases rose by 12% from 2020-2022- How many cases of Sexual violence were recorded by the police in 2022?

- a) 7,000
- b) 17,000
- c) 71,000
- d) 171,000

The Sex Quiz

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- c) 71,000
- d) 171,000**

The link between porn and sexual violence against women is a worrying trend across the country and the world.

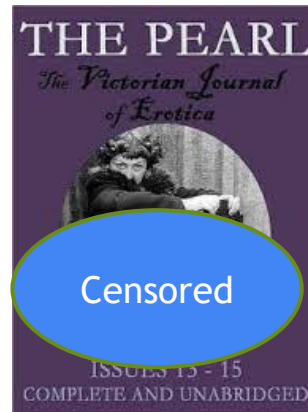
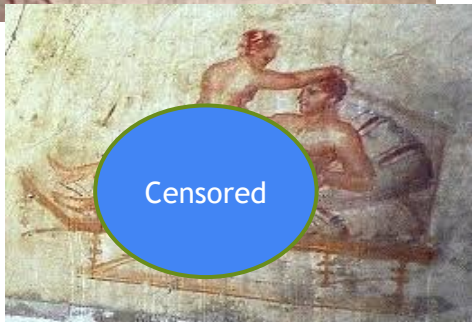
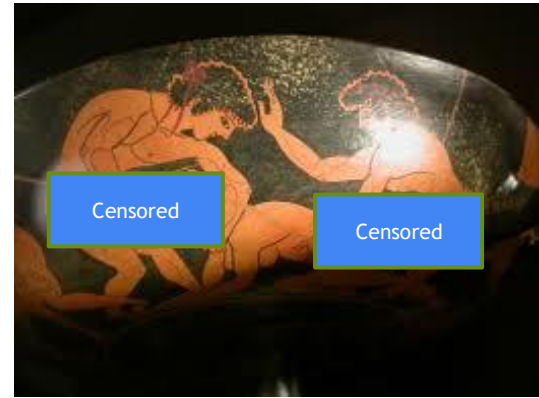
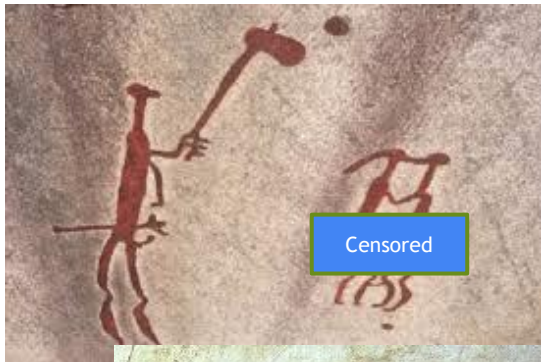
Is the world of fantasy becoming a horrible reality for girls/ women in the UK?

How many times do the girls in our school feel victimised, harassed and uncomfortable due to sexual harassment?

A Short History of Pornography

- As far as we can tell porn has always existed since

Cave art!



- So what's changed?

Paired discussion - You have 2 minutes



How believable is this relationship?

Are fairy tale conventions still relevant today?

What are the similarities between fairy tales and pornography?

What are the similarities between fairy tales and pornography?



Both are produced/written to entertain an audience.

Both contain relationships that are created to entertain.

Both contain characters that are the 'ideal' body type.

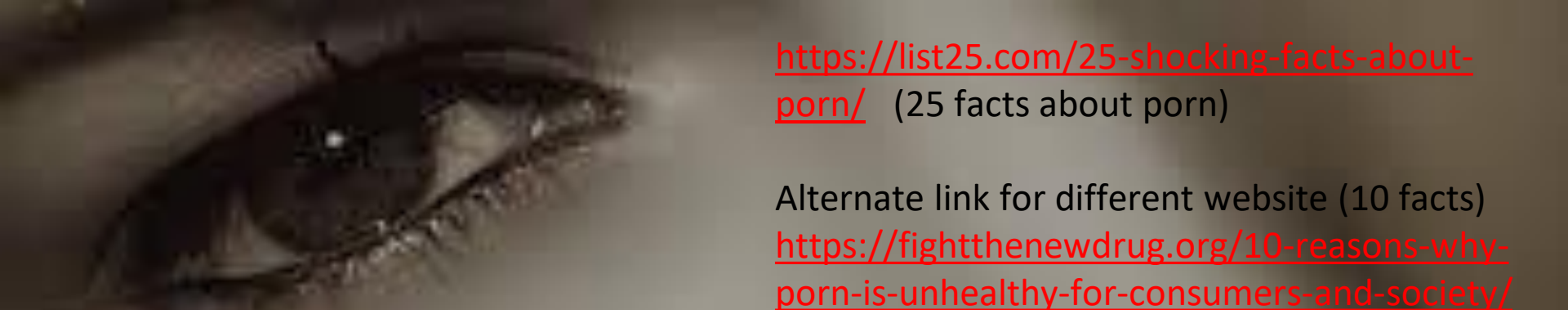
Both give unrealistic expectations of what is expected in a partner.

Both sets of actors are paid and may not like each other.



Do all women
look like
Barbie?

What does Barbie
have in common
with a female porn
actress?



<https://list25.com/25-shocking-facts-about-porn/> (25 facts about porn)

Alternate link for different website (10 facts)
<https://fightthenewdrug.org/10-reasons-why-porn-is-unhealthy-for-consumers-and-society/>

25 SHOCKING FACTS *about* PORN

Memorise as many facts as possible....

Were you listening?

Problems with pornography: can you get 16?

Erectile Dysfunction (problems getting or keeping an erection)	Concentration problems	Development of fetishes and sexual thoughts regarding matters that would not have been encountered without internet porn	no satisfaction in life.
Depression	Memory problems	decreased libido (sexual drive)	Real women do not cause arousal as much as women on the internet.
Social Anxiety	delayed ejaculation	Fatigue	Weakened will power
ADHD	Porn dependence for arousal	low energy levels	Experience of irrational anxieties

So why is pornography addictive? Watch the following clip and answer the questions on your worksheet...



<https://www.youtube.com/watch?v=1Ya67aLa>

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Sex Myths activity (word doc on shared drive)

Fill in the table about the Myths around Porn.

Do you know the difference between real life v fiction?

One of the key things we are making students aware of is that Pornography is fiction. It is made up of actors, film sets, editing and production.

In the same way, we watch superhero movies and don't think people really can fly, we have to realise that porn is a fantasy and a created and manufactured version of sex.

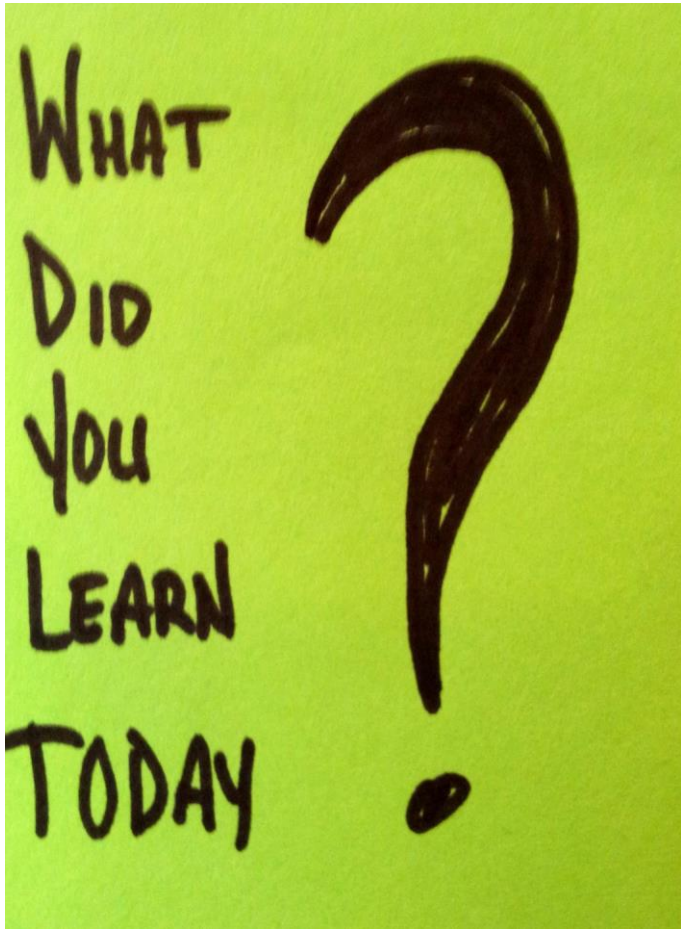
Final Quiz - True or False (separate doc on shared drive available)

1. Pornography is addictive.
2. There are 3.4 billion internet searches per day and 68 million of these searches are for pornography.
3. 30% of all internet sites are pornographic.
4. The average age of first time contact of pornography among sex addicts is 11.
5. 66% of pornographic film performers have the herpes infection which cannot be cured.
6. 40% of women regularly view pornography.
7. It is estimated that between 60-80% of female pornographic performers were sexually abused as children.
8. There are over 100,000 child pornography websites on the internet.
9. 60% of teens have accidentally stumbled across pornography online.
10. Less than 40 porn performers, straight and gay have died from AIDS.

Final Quiz Answers (taken from word doc on shared drive)

Answers and teachers notes

1. Pornography is addictive. **True - Pornography alters pathways in the brain and over time watchers will need to watch more extreme forms of pornography.**
2. There are 3.4 billion internet searches per day and 68 million of these searches are for pornography. **True**
3. 30% of all internet sites are pornographic. **False, it's 12% with 4.2 million sites**
4. The average age of first time contact of pornography among sex addicts is 11. **True**
5. 66% of pornographic film performers have the herpes infection which cannot be cured. **True - Many pornographic film performers have incurable STIs.**
6. 40% of women regularly view pornography. **False, it's 20%**
7. It is estimated that between 60-80% of female pornographic performers were sexually abused as children. **True**
8. There are over 100,000 child pornography websites on the internet. **True - and this number is growing rapidly**
9. 60% of teens have accidentally stumbled across pornography online. **False - it's 70%**
10. Less than 40 porn performers, straight and gay have died from AIDS. **False - it's over 100, these are that are known, there are probably many more.**



What is one thing you learnt today?

What is one thing that you already knew? _____

Is there anything that confused you? _____

Is there anything that you would like to learn more about?
