

Teacher's Notes

Consent seems to be a straightforward issue but we always seem to have students who can't keep their hands to themselves or feel it is appropriate to manhandle others or play with other people's equipment.

Whilst the "Consent for Tea video" is about sexual contact, the metaphor can be applied for anything else that is linked to unwanted attention or contact.

The first quiz (from slide 6) is all about create discussion as a class and you can do that in a number of ways from general open discussion in class or a more structured "snowball style" (10 seconds individual thinking, 1 min pair discussion, 5 min class discussion).

The final quiz can be done in their books individually or in teams depending on the confidence or nature of your class.

Year 7 Relationships & Sex Education

Consent

What is “Consent”?

When do you have to think about “Consent”?

What are the legal issues around “Consent” that may affect your lives?

Key Learning:



- What is consent? What is bodily autonomy?



- When does consent become an issue?



- What can I do if I believe my consent and bodily autonomy are not being listened to?

Consent

What do we mean by consent?

<https://www.youtube.com/watch?v=h3nhM9UJjc>

Video Link for Consent for Kids



CONSENT
for
KIDS

When and What is “Consent”?

Key phrases:

“**Consent**” - When you give your permission to take part in or be part of something or to have contact with someone else.

“**Bodily Autonomy**” - You have the right to decide what happens to your body within the rules and laws of the school / or the country.

COPY down these 2 important phrases and definitions.

EXT: Re-write the definitions into your own words.

When and What is “Consent”?

Having the power of “Bodily Autonomy” does not mean you can do whatever you want with your body, it just means that you have the right to say no if you feel uncomfortable about unwanted contact.

Here are some examples of what is or what is not consent to help clear up any uncertainties that you may have.

Discuss the next activity in pairs, then small groups then as a class.

Example 1: Bodily Autonomy & School Uniform

If I have “bodily autonomy”, does that mean I can dress how I want to at school?

- a) Yes
- b) No
- c) What if I ran around naked with no uniform on?

Example 1: Bodily Autonomy & School Uniform

If I have “bodily autonomy”, does that mean I can dress how I want to at school?

b) No. When you and your parents chose this school you **CONSENTED** to follow the rules and uniform policies of this school.

That includes **what is uniform and not and how that uniform is worn.**

Whilst there are no school rules about running around naked, there are ***Public Indecency Laws*** that prohibit such behaviour in public places.

Example 2: Family & Friends

If a family member or good friend wants to hug or touch me (non-sexually), does CONSENT mean that they need to ask my permission first before they touch me?

- a) Yes
- b) No
- c) It depends ...

Example 2: Family & Friends

If a family member or good friend wants to hug or touch me (non-sexually), does CONSENT mean that they need to ask my permission first before they touch me?

c) It Depends ...

If it was your parents, siblings and close friends and **you are happy to receive a hug etc**, then CONSENT is considered to be mutually given due to your relationship.

If you are **NOT happy to have that contact**, then **BODILY AUTONOMY** means that **you can say that you are not happy to take part and do not give your consent**. Your Great Aunty Edith may want a christmas kiss from you but **she has no right to insist/ force you into it**.

You have the right to say if the contact makes you feel uncomfortable.

If you are not sure, it's **always polite to ask first**.

Example 3: CONSENT & Sport (& other touchy moments)

There are times when contact with people happens due to the circumstances, for example sports or crowded corridors. Is it OK for people to touch/ bump into me? I didn't tell them that they had my consent.

- a) Yes
- b) No
- c) It depends.

Example 3: CONSENT & Sport (& other touchy moments)

There are times when contact with people happens due to the circumstances, for example sports or crowded corridors. Is it OK for people to touch/ bump into me? I didn't tell them that they had my consent.

c) **It depends...**

Contact in a sporting context is sometimes part of the game. If you are taking part in the lesson, you are **CONSENTING to the formal and informal rules of the game.**

Even a non-contact sport like netball, will have informal contact, when players challenge for the ball. There are rules in the game to make sure illegal contact is not allowed.

A busy corridor or packed public transport can end up with accidental contact because a large amount of people are stuck in a small place. It is **always polite to apologise for those moments.**

However, **intentional or deliberate contact is NOT CONSENTED** and this should be reported to the authorities.

Example 4: Sexual CONSENT

If I am in a relationship and I CONSENT with my partner to have sexual contact with each other is that OK?

- a) Yes
- b) No
- c) Depends on our ages...

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If I am in a relationship and I CONSENT with my partner to have sexual contact with each other is that OK?

c) **Depends on our ages...**

The legal age for CONSENT in a sexual manner (including touching any private region) is 16.

If one person is **below the age of 13** it will be considered **“the rape of a child under 13”** or **“sexual assault of a child”** under 13 - **Anyone under 13 CANNOT CONSENT legally to any sexual act/ contact.** If both partners consenting are both under 13, they are both guilty- as under 13s cannot legally consent to any sexual act.

If a person is **between the age of 13-15** and consents, then the crime is **“sexual activity with a child”**. **Even if that person consents, police can investigate other issues of grooming, coercion and exploitation.** Once again, if both partners are 13-15 then both can be charged with the offence of “sexual activity with a child”.

(All references come from the Sexual Offences Act 2003)

Example 4: Sexual CONSENT

Potential OUTCOMES:

- 1) Under 13 - ***“the rape of a child under 13”*** or ***“sexual assault of a child”*** under 13

Anyone over 13 could receive a maximum of **14 years imprisonment** for “sexual assault” and **Life Imprisonment** for “rape”.

- 1) Between 13-15 - ***“sexual activity with a child”***

Maximum punishments of **10 - 14 years imprisonment.**

- 1) Both offences can also come with other sanctions (punishments) like being added to the **Sexual Offenders Register** & Counselling.
- 2) In cases involving people with a **position of authority or trust** (e.g. Your teacher, police officer, doctor- **the age of consent is 18**- otherwise it is a breach of trust and illegal too!)

(All references come from the Sexual Offences Act 2003)

DISCUSSION time:

1. **Why are the rules over sexual consent for under 13s so strict?**
2. In cases involving consent with 13-15 year olds, the police and legal system is more open to look at a variety of issues. (age gap, relationship, consent & trust)

Why do you think that is the case?

1. **What if you partner is constantly asking you for sexual contact/ actions?**

What should you do if you are uncomfortable with the idea?

1. **Who can you speak to if you are unsure about anything related to today's topic or if something like this happens to you in the future?**

If CONSENT was like a “cup of tea” - VIDEO

<https://www.youtube.com/watch?v=pZwvrxVavnQ>

Manual Video link for Consent & Cup of
Tea
Released by Thames Valley Police



CONSENT - Can you think of other scenarios where consent may not really be consent?

Are there times when you want to say or should say “NO” but you have said “yes”?

Is that really CONSENT?

Can you think of situations where someone might say yes-when they really mean “NO”?

CONSENT - Can you think of other scenarios where consent may not really be consent?

Did you consider:

1. **Under the influence of alcohol or drugs**

People under the influence of alcohol and drugs often make poor decisions.

1. **Vulnerable people**

If you are upset or alone or unconscious, you can be exploited to do things that you think will make someone else happier or make you popular.

1. **Coercion**

When someone forces you into something that you do not want to do.

Any further questions?



This should be a safe space for people to ask anything related to the topics studied in MY Curriculum these past 3 weeks.

If you have an appropriate question, you can be sure someone else in the room is unsure about something similar.

REVIEW Task - Quiz time for this whole unit!

1. What is the legal age of consent for sex in the UK?
2. What is the legal age of “Bodily Autonomy” in the UK?
3. Define “Bodily autonomy” in your own words (one sentence).
4. TRUE or FALSE - A person under 13 CAN give their consent to a sexual act.
5. If both partners consent to a sexual act but are both under 16, are they committing an illegal act?
6. TRUE or FALSE - A person who is between 16-17 years old can be in a sexual relationship with anyone that they choose?
7. TRUE or FALSE - You can control all the content that you post online.
8. TRUE or FALSE - Forwarding on (resending) indecent images of anyone who is under 16 is a criminal sexual offence; with a potential prison sentence.
9. Families come in all shapes and sizes - there are 19.1 Million families in the UK:

Match up the % to the different types of families in the UK:

(ANSWERS 8 Million, 3.4 Million, 232,000, 12.7 Million, 2.9 Million)

- a) Married couples
- b) Single Parent families
- c) Same sex couples
- d) Families with children aged 0-18
- e) Unmarried couples

REVIEW Task - ANSWER time!

1. What is the legal age of consent for sex in the UK? **16**
2. What is the legal age of “Bodily Autonomy” in the UK? **All ages, everybody from babies to adults are protected by the right to bodily autonomy.**
3. Define “Bodily autonomy” in your own words (one sentence). **You have the right to decide what happens to your body within the rules and laws**
4. TRUE or FALSE - A person under 13 CAN give their consent to a sexual act. **FALSE**
5. If both partners consent to a sexual act but are both under 16, are they committing an illegal act? **YES**
6. TRUE or FALSE - A person who is between 16-17 years old can be in a sexual relationship with anyone that they choose? **FALSE - “Persons in positions of Trust” (Doctors, teachers, police etc = age of consent=18. Slight trick question!**
7. TRUE or FALSE - You can control all the content that you post online. **FALSE**
8. TRUE or FALSE - Forwarding on (resending) indecent images of anyone who is under 16 is a criminal sexual offence; with a potential prison sentence. **TRUE**
9. Families come in all shapes and sizes- There are **19.1 Million families in the UK:**

Match up the figure to the different types of families in the UK:

(ANSWERS 8 Million, 3.4 Million, 232,000, 12.7 Million, 2.9 Million)

- a) Married couples **12.7 Million**
- b) Single Parent families **2.9 Million**
- c) Same sex couples **232,000**
- d) Families with children aged 0-18 **8 Million**
- e) Unmarried couples **3.4 Million**

Final Thoughts...

Beyonce - "Yes"

Meghan Trainor - "No". Both artists sing about the importance of consent.

